



## CASE STUDY

# Marriott International

Bethesda, MD

### Products Installed

- Strait Rx — 1,584 SF
- ECOfit — 1,224 SF
- ECOfit-Turf Plus — 1,080 SF

### Project Needs

- Attractive
- Easy to Clean
- Green/Sustainable Material Specifications

### Product Benefits

- Durable
- Ergonomic
- Easy to Install



# Surfacing One of the Most Important Pieces of Fitness Equipment in the Corporate Fitness Center

## About the Project

Today's business and leisure travelers expect more. The leading hospitality fitness trend is offering customers a full-scale gym and wellness center that provides choices, in an effort to attract travelers who want a customized approach to staying fit while being away from home. Recognizing this, Marriott International, Inc. decided to re-think its fitness center strategy for the company's 12 brands and 4,400 properties in 87 countries and territories around the globe.

"We are now addressing a new generation, specifically, millennials," said Dan McGlasson, Jr., Facility Equipment Specialist for Marriott Fitness at Marriott International. "They are less into selectorize machines. They want to be moving and having fun and doing more CrossFit-type exercises." said McGlasson.

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As a result, Marriott International upgraded its existing 2,500-square-foot fitness center at its corporate campus in Bethesda, Md. "This space serves two purposes" said McGlasson. "A functional fitness center to serve the needs of Marriott corporate headquarters, and a showcase to bring through different groups and decision makers for the [Marriott] brands, so they can see the latest and greatest in equipment, lighting, artwork, technology, and flooring."

The newly renovated 5,000-square-foot center debuted in September 2015 and is broken into 5 zones: a traditional aerobic equipment space, functional training space, traditional free weight and training area, turf lane, and welcoming area. Each Marriott brand can then select zones/fitness elements they want to incorporate into their hospitality environment.

"Franchisee owners and general managers [for Marriott] tend to come through here," said McGlasson. "We wanted to direct people where to go to different zones to exercise and do new activities." It was at this point, McGlasson and Marriott engaged ECOsurfaces. With this renovation, there was a renewed focus on surfacing.



"There are different floor types," said Doug Weeks, Head Personal Trainer at the Marriott Corporate Campus. "It's state-of-the-art now; before they would just change out equipment." The functional training area, needed flooring that would provide support to people experiencing more impact on their joints, so Strait Rx was used. Using patented itsTRU™ technology, Strait Rx features a vinyl surface fusion bonded to a rubber composition backing.

The traditional free weight and weight training area is found in Zone 3. Due to the impact from dropped weights, ECOfit was the selected. Comprised of a 3.2mm rubber surface fusion bonded to a 5mm composition rubber backing, ECOfit is able to provide excellent sound and shock absorption, specifically for Zone 3-type spaces.

Arguably, the most important new piece of equipment is ECOfit-Turf Plus, which divides zones one and two from zone three. "We created a 70-foot long turf area that is 19 feet wide," said McGlasson. "The turf area has really been an exciting surprise. People love the versatility of doing something different every time they come in." said McGlasson.

With 600 members and counting, the new changes to the Marriott corporate gym have been well received. "It's worked out well," said McGlasson. "People love our new direction. Fitness is going to play a big part in everything we do moving forward."